

## Designing Your own Toe Up Socks

Why do toe up on two circular needles or magic loop?

Why knit both socks at the same time?

Have you ever taken a close look at the anatomy of a sock?

Think of these parts as the elements of the sock you will be creating.

They're listed here from bottom to top - in the same order you'll be knitting them.



**"Before You Start" Questions:**

It is always important to plan your work before you start. Since you're not working from a pattern ask yourself the following questions. In this class, you'll answer the questions in the worksheet.

- 1.)What yarn are you using?
- 2.)How big is your foot?
- 3.)What stitch pattern are you using?
- 4.)What cast on will you use?
- 5.)Which heel do you want to use?
- 6.)How long do you want your sock to be?
- 7.)What kind of cuff do you want?

# Toe Up Sock Worksheet

<b>1.) What yarn are you using?</b>		
Brand:	Fiber content:	Gauge (stitches per inch):

<b>2.) How big is your foot?</b>				<b>Shoe size:</b> _____
A. Sole/instep circumference:	B. Ankle circumference:	C. Length from toe to heel:	D. Length from toe to start of heel:	E. Circumference of calf:
<i>Required stitch count/row count using your gauge swatches</i>				
Stitch count:	Stitch count:	Row count:	Row count:	Stitch count:

<b>3.) What stitch pattern are you using?</b>			
Multiples of how many stitches? (4, 5, 6, etc.)	Did you make a swatch?	Can multiples fit into the required stitch count for your Sole/instep and ankle?	If no, how many stitches can you add to either side to work it out?

<b>4.) What cast on will you use?</b>	
<input type="checkbox"/> Turkish or Figure 8? <input type="checkbox"/> Judy's Magic Cast On ( <a href="http://www.persistentillusion.com/blogblog/techniques/magic-cast-on/magic-cast-on-2">http://www.persistentillusion.com/blogblog/techniques/magic-cast-on/magic-cast-on-2</a> )	

<b>5.) Which heel do you want to use?</b>	
<input type="checkbox"/> Short row heel <input type="checkbox"/> Decreased heel	Notes:
Do you want to reinforce the heel?	
<input type="checkbox"/> Yes <input type="checkbox"/> No	Notes:

<b>6.) How long do you want your sock to be?</b>	
<input type="checkbox"/> Anklet <input type="checkbox"/> Mid-calf <input type="checkbox"/> Knee sock <input type="checkbox"/> Over the knee	Notes:

<b>7.) What kind of cuff do you want?</b>	
<input type="checkbox"/> 1x1 ribbing <input type="checkbox"/> 2x2 ribbing <input type="checkbox"/> Lace <input type="checkbox"/> Ruffled <input type="checkbox"/> Other	Notes/stitch pattern:

### **Tips for Working on 2 Circular Needles**

- Use two differing colored needles or paint one set of needles with nail polish to identify it from the other. This will prevent you using the same needle twice.
- Create each toe for each sock separately. After completing the first toe, place it on another set of needles or stitch holders. When you've finished both toes, place the front sides of the toes on one circular needle and the backs on the other circ.
- Remember with regular stitch patterns that you may have to adjust or reverse the symbols on the purl side since you are knitting in the round.

**Your notes:**

## Stitch Patterns

### *Eyelet Cable*

Multiples of 5 stitches

Row 1 - \*P1, K3, with these three stitches Left Cross Cable (1 stitch), P1.

Repeat from \*

Row 2 - \*P1, K3, P1. Repeat from \*

Row 3 - \*P1, K1, YO1, K2TOG, P1. Repeat from \*

Row 4 - \*P1, K3, P1. Repeat from \*

Row 5 - Repeat Row 2

Repeat the above 5 rows.

### *Wave Pattern*

Multiples of 16 stitches

Row 1 - K4, \*K1TBL, K1, K1TBL, K2, K1TBL, K1, K1TBL, K4. Repeat from \*(Knit working any yarn overs with a backloop)

Row 2 - Knit all stitches

Row 3 - \*K1, [k2tog] twice, [k1,yo] twice, k2, [yo,k1] twice, [ssk] twice, k1.

Repeat from \*

Row 4 - Knit all stitches

Repeat the above four rows.

### *Twisted Rib*

Multiples of 3 + 1

Row 1 - \*P1, slip 1, K1 TBL, pass over slipped stitch in front and knit it.

Repeat from 2

Row 2 - Repeat Row 1

Repeat the above two rows

## **Creating Your own Stitch Patterns**

Below is a copy of grid paper you can use to create your own stitch patterns.  
Note: you may want to make several copies of this page for your use.

